

## MINUTES: Meridian Anti-Drug Coalition General Meeting Meridian Police Department, Media Room or \*Zoom 1401 E Watertower St, Meridian, ID 83642 August 15, 2024 | 4-5PM

**30 ATTENDEES: (In person 24)** Kendall Nagy, Christy Boyes, Caylee May, Anne Little Roberts, Susie Stertz, Sierra Kistler, Robert Rodriguez, Earl Scharff, Yoonwa Saechao, Caylee May, Danielle Fanopoulos, Cheryl Mulvihill, Terry Austin, Katie Rhodenbaugh, Lacy Ooi, Tiffany Meyers, Brett Harding, Nicole Romero, Helena Pasek, Nichole Herold, Johnathan & Andrew Van der Veen, Jennifer Abrao (Via Zoom 6) Stephany Galbreaith, Jake Cluff, Brenda Wilson, Jessica Harris, Heather Allen, Kristi Lampe Jacob Cluff

TIME	SPEAKER   AGENDA ITEMS	NOTES
4:00	Kendall Nagy, Director: Additions to Agenda?   Welcome & Introductions	(all) sign-in, introductions
4:05	Hailey Blogg Christy Boyes (filling in), Secretary: 7/18/24 General Meeting Minute Vote	(Secretary) record attendees, monitor Zoom, take minutes; special attention to action items & votes   (all) vote to amend or approve minutes- motion, second, all in favor, anyone opposed? Motion to pass July Meeting Minutes: 1st Earl Scharff, 2nd Anne Little Roberts. All in favor. Approved.
4:07	Guest Speakers: Ada County Coroner's Office, Drug Related Deaths	(Kendall) Brett and Nicole from the Ada County Coroner's Office are here to talk about drug related overdose deaths. (Nicole Romero) These numbers are approximate: 2020- 1305 cases total / 10 were fentanyl deaths, 2021- 46 cases were fentanyl related, 2022-69 cases were fentanyl related, 2023-89 cases were fentanyl related. Upward trend for sure. More and more cases every year. 2024, no final numbers for this year yet. Jan-July 30 <sup>th</sup> , 64 cases so far, that are poison and drug related cases. Some are still pending. (Brett Harding) Fentanyl is not going away, it is an opioid that was mostly used in hospitals for pain management prior to 2016. Analog fentanyl vs hospital fentanyl, they are different. Fentanyl is cheap to make, only costs 5% of what it takes to make the other drugs. Created by mixing chemicals. No growing involved like cocaine and marijuana. Fentanyl is being pressed into pills and other products. Everyone from children to Law Enforcement officers are affected by this dangerous drug. Idaho has been very good at keeping it out for the most part, until more recently. But now it is here. Brett has a video (not suitable for kids) on Fentanyl being created at Mexican labs. (Nicole) Fentanyl is cheap, heroin alone is now less common. Fentanyl is a cheaper drug to access. Hospitals use it to control pain and patients feel euphoric. People will stop breathing before they overdose and won't notice because they are so euphoric. Meth & Fentanyl mixed is very common. It seems to be in everything these days. (Earl) How many deaths were accidental overdoses vs suicides? (Brett) we don't keep stats on that specifically. Some have prescriptions and then choose to take too many as suicide. Fentanyl overdoses are mostly recreational usage. People like how they feel and take more. Sometimes there are multiple overdoses from the same scene (parties/gatherings). Narcan is a godsend. Fentanyl overdoses often take multiple Narcan doses to see results. The half-life of Narcan is quick so sometimes more doses are needed.



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(Nicole) Kratom overdoses are also becoming more common. You can get Kratom in capsules, tea, and other sources. It is a misconception that you can't overdose from Kratom, you can. (Brett) also, don't underestimate meth's harms. It's all about how much your heart can take? Eventually people overdose from meth as well. Narcan doesn't work on meth because it's a stimulant. A "Speed Ball" is a stimulant and a depressant (meth and heroin) and many now have fentanyl. (Sierra) How many autopsies are being performed? (Brett) All cases of suspected drug use or overdoses are autopsied. Hospitals typically use urine screening, not blood, which doesn't test for fentanyl. (Nicole) always ask where the incoming decedents come from (what geographic area) and tries to obtain the first blood draw available for most accurate evaluation of what drugs were in the body. (Brett) Working with state lab to be able to screen blood for Fentanyl but can't yet. Knowing the blood results doesn't always help with cause and manner of death, but helps Law Enforcement with suspected overdose investigations. **NMS Laboratory** is the best in the country for available labs. They keep us on the forefront of new and upcoming drugs that they are testing for. Xylazine, an animal tranquilizer, is now being mixed with fentanyl. (Kendall) Brett, do you know if there have there been conversations about changing the law in Idaho to make Kratom illegal? (Brett) has asked the question. Kratom is sold recreationally for better health as a "safer" alternative to opiates. Happy Hippo is a kratom distributor located in Meridian on Pine Rd. (Danielle) There are signs everywhere advertising Kratom at smoke shops, gas stations, etc. (Brett) People can get ketamine for a medical need, but will also seek it for recreational uses such as better mental health. For investigators in the field it's difficult to determine what drug may have caused the 'overdose'. There aren't tests for every drug, for example huffing (freon, paint, canned air). Those tests are expensive, but there will be other evidence on scene like multiple empty cans of whatever product, and those can usually be bought over the counter. (Susie) Is there still a trend about sniffing airplane glue? Is that like huffing? (Brett) hasn't seen a case in over 30+ years. On scene investigators have to look around and ask "does that belong here?" If there are products in the home that would normally be stored somewhere else, maybe in the in the garage, they have to ask why is it in the house? Or why so many cans of compressed air are in the living area? The way the scene is documented is very important to answering a lot of those questions for the investigator regarding what they are seeing or proposing happened? (Kendall) If there is a suspected overdose, who is notified and are resources left for families? (Nicole) On scene, the Investigator from the coroner's office is usually busy with the Officers investigating. However, they do leave a Family resource packet on certain occasions. Usually TIP volunteers or Victim Witness are on scene to provide assistance to the family, they have resources for suicide information and drug related death information. On scene, nothing is being left at scene as far as prescription meds. Victim Witness and TIP are working with the family while investigators are working with the officers. (Brett) We run pretty lean as far as personnel, one person on grave shift. Most people don't know what we (the coroner's office) do. We, Ada County, spend a lot of time with the families of the decedent. More than most agencies.



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4:27	Executive Committee, Sector Representatives (SRs)	SR Action Items: volunteers needed!
	Robert, Law Enforcement SR:	(Robert) ran booth at Mt. View Orientation with Caylee
	Earl, Parent SR: St. Ignatius, Fall	(Earl) assembled prevention packets with his granddaughter. St. Ignatius cancelled Back-to-School Night,
	Festival	moved MADC opportunity to Fall Festival 9/14.
	Jake, Religious SR: Program Updates	(Jake) Communities for Youth is soliciting for listening sessions to determine what's it's going to do, based on what needs they see in the community? Communities for Youth is an initiative from BSU being implemented in multiple counties around Idaho. It is upstream prevention based on the Islandic model; partnering with WASD and surrounding agencies. Working with Tracy Garner from health services at WASD.
	Yoonwa, School SR: Back-to School	(Kendall) wondering are you continuing as the School Sector Representative? (Yoonwa) Yes, I will continue.
	Updates	Drug Prevention Counselors (DPCs) will rotate attending MADC meetings. Sept 18 <sup>th</sup> is Professional Development day, DPC Counselors there: First ½ elementary and second ½ secondary. Would like PPP for the event.
	Caylee, Youth SR: Slave 2 Nothing	(Caylee) volunteered at National Night Out & Mt. View Orientation. In N Out's Slave to Nothing foundation
	Update	focusses on stopping human trafficking and preventing substance abuse. Kendall and Caylee have a meeting
		Monday to see if there is an opportunity to partner with Slave 2 Nothing. Caylee works at In N Out and made contact to arrange the meeting.
4:47	Kendall: Education & Prevention	(staff) fall event planning/supply orders   (all) volunteer at fall events
	Report	The Annual MPD Prevention & Education Report is available. Overall, the combined Units provided
		prevention education at 397 events, reaching 51k+ community members. Various methods are used to
		account for these numbers. Each prevention unit has their own write up (SRO, Drug/MADC, and Crime
		Prevention). Drug Prevention/MADC participated in 71 events, providing prevention education to 21k+ community members. This great work is a collaborative effort, thank you everyone!
	Trailer Donation	Bonneville Youth Development Coalition (BYDC) is closing its doors after 25yrs and has donated a drug
		awareness trailer to MPD/MADC. City Council has approved acquisition of the trailer and graphics will be
		updated, possibly co-branded with MPD and MADC. Parents and teachers will be able to walk though. It is set
		up like a child's bedroom showing current trends in drug related clothing, vapes, posters, hiding places,
		paraphernalia, etc. Great educational resource for the community. We will eventually take requests for it to
		be deployed/used. Thank you to BYDC for all the years of service and for the very generous donation!
	Cones w/ a Cop, Orientations, NNO	Cones with a Cop went well, 20 prevention conversations. Freshman orientations and 6 <sup>th</sup> grade welcomes also went well, almost 300 conversations. Caylee joined Kendall to visit 5 National Night Out parties that
		requested drug prevention resources. Roughly 400+ resources were shared.
	Sydney Nate	Last year's Youth Sector Representative wrote, "As we head into the next school year, I want to express my
	Sydney ivate	appreciation for the opportunity to serve as Youth Sector Representative for the Meridian Anti-Drug Coalition



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	Upcoming: Speedway 8/24, Rocky Mt. HS 8/30, STAY2024 9/7, Mt. View HS 9/13, Fall Festival 9/14, Victory MS 9/20, Recovery Breakfast 9/26, Sawtooth MS 9/27, Public Safety Day 9/28, Oktober Fest 10/5, Treasure Valley Youth Safety Summit 10/8, Owyhee HS 10/18, Star MS 10/23, Trunk-or-Treat 10/24, Rx Take-back Day 10/26, Red Ribbon Week 10/23-31, Meridian MS 11/7, Lowell Scott MS 11/20	the past year. In working with the Meridian Police Department and other agencies, I have been able to work for substance abuse prevention and education in the community that I love. Creating a PSA, publishing letters to the editor, and attending the Northwest Alcohol Conference have been amazing opportunities to do what I love. Thank you MADC!" Best of luck to Sydney on her next chapter at Claremont McKenna College. It was great having you on the team.  There are a variety of opportunities for people to volunteer with MADC. A few upcoming examples include: The Speedway- 8/24, Recovery Breakfast- 9/26, Public Safety Day- 9/28, Oktober fest- 10/5 morning prevention table/evening breathalyzer booth. Please email <a href="madc@meridiancity.org">madc@meridiancity.org</a> if you are interested in volunteering. (Earl) Have you put down another date to assemble prevention packets? (Kendall) Not yet, waiting for new updated booklets.		
4:55	<b>Open Discussion:</b> community partner updates, feedback, etc.	We appreciate everyone being here, please send questions if you have them.		
5:00pm Adjourn Meeting Next MADC Meeting: September 19, 2024 at 4PM				